



Montreal Food Guide*

*Curated by: Pierre Barsalou, with input from Laura Gheorghiu

French (with an emphasis on Bistros)

Le Monarque is my top choice, it is 5-minute walk, on St-Jacques street. I suggest the Brasserie side, but the dining room side, although a bit more formal, is also nice (the two-space formula is based on the Gramercy Tavern in Midtown, New York, my favorite spot in the Big Apple)). They often offer on the Brasserie side a lamb shoulder for 2 which is simply divine!

Restaurant Holder is my second choice, a 10-minute walk, very nice as well.

L'Express on St-Denis is the quintessential French Bistro, a 10 minute Uber ride.

Club Chasse et Pêche A bit more formal than the other spots listed above, but excellent food [Laura's favorite!]

Chez Toqué! Excellent high-end experience, a 5-minute walk.

Le Leméac is a classic, but it is in Outremont, a 15-minute Uber ride (about 16-18 \$)

Le Garde Manger in the old Port, festive, mix of sophisticated and comfort food by well-known chef Chuck Hughes

Italian

Graziella, rue McGill, is very nice, it is a 10-minute walk.

Da Emma, rue de la Commune, is also very good, it is also 10-minute walk.

Barroco is also a 10-minute walk We held our February 2023 holidays party for the firm at the Barroco. We had the restaurant to ourselves and had a disk jockey. The food was excellent, great service as well. So this place could be an option for smaller groups or for a big party!

Un po di piu

Mano Carnuto, inventive but hearty dishes with great wine pairings



Portuguese

Ferreira on Peel street is my favorite, a 20-minute walk from the Centre des Congrès

Portus 360 is also very nice, a 10-minute walk from the Centre des Congrès, it offers great views of the city

Steakhouse

Maggie Oaks

Gibbys A classic, but a bit touristy at times

Moishes Steakhouse, another classic

Chinatown (all within a 5-minute walk)

Qing Hua Dumpling As the name suggests, great dumplings!

Fleurs et Cadeaux Japanese, with speakeasy downstairs

Pho Bac One of the best (but extremely informal) places in the city to have a Pho, their broth is excellent (a favorite is the rare beef Pho medium size). Under 10 bucks, it is one of the best deals in the city.

Juni Not in Chinatown but rather in Outremont (a 15-minute Uber ride) but one of my favorite sushi places, with a great sake collection.

Bar/Terrasses

Philemon is a fun bar, with some decent light food options, Hotel Place d'Armes is my favorite one, with a close second being Terrasse William Gray. Other good choices include Terrasse Nelligan and Jardin Nelson.

Willing to Travel for Food

Au Pied de Cochon (Plateau), yes it's a fancy twist on Quebec classics, but it's a very delicious take.

Leméac or Juni (Outremont), a great spot to start the evening is Dieu du Ciel, a microbrewery which has some excellent beers

Vin Mon Lapin (Little Italy), creative small-plates to share, not overly fussy, RESERVE NOW!



Bouillon Bilk (Quartier des Spectacles), inventive use of flavours that get it right (one of Laura's favorites)

Vin Pappillon (Griffintown), wine bar with sharing plates. Opt for their ham and cheese plate, and try to sit on the terrace

Nora Gray (Griffintown), small italian sidewalk restaurant with unique wines and great pasta dishes

Damas

Le Mousso (The Village), a tasting-menu experience that requires a very hearty budget

Moccione, mix of Italian and Québécois food

Île Flotante (Plateau), French, innovative use of local products, tasting menu only

Estiatorio Milos (Plateau), refined authentic Greek cuisine (Angelo N. will surely rave about it)

